

HOLIDAY BREAK SEMINARS



#1 Edged Weapons

- Types of knives
- How / where to carry
- Armed and Unarmed Defenses
- Empty hand vs knife
- Knife vs Knife

Mon, December 21st - 6 pm to 8 pm

Cost: Free



#2 Kickboxing Fundamentals

- Core fundamentals
- Striking, Kicking, Sparring
- Building from beginning to advanced
- Required equipment: Head gear, boxing gloves, and shin protection

Mon, December 28th - 6 pm to 8 pm

Cost: Free

#3 Handgun

- Shooting fundamentals
- Drawing from holster
- Concealed carry concepts
- Tueller drill – 21-foot rule
- Dry fire/Live fire training
- Moving and Shooting
- Required equipment: Handgun, holster, 75 rounds of ammo, two magazines. We have some equipment available for rent. Please contact us in advance



Sat, January 2nd - 4 pm to 8 pm

Cost: \$49 for Members and \$69 for Non-Members

All training will be conducted at Confluence Krav Maga / Piasa Armory.
Everyone is required to have mouthpiece and males are required to have a cup.

KRAV MAGA
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